



individualsportssolutions

## SUMMER SPORTS ACADEMY

June 8th–August 21st

### PROFESSIONAL AND OLYMPIC LEVEL COACHES

#### SCHEDULE MONDAY–FRIDAY

**Football: Age Groups 8-11 and 12-17, Skills and Conditioning, 8am-1pm (field)**

**Football: Age Groups 8-11 and 12-17, Strengthening, Power, Agility & Mental Preparation (indoor)**

**Girls Gymnastics: Age Group 7-11, Skills and Conditioning, 8am-1pm**

**Girls Gymnastics: Age Group 7-11 Beginners**

**Girls Gymnastics: Age Groups 7-11 (Pre-Team) 1pm-6pm**

**Dance: Age Group 8-12, Ballet, Lyrical, Hip Hop, Theatrical, 8am-1pm**

**Dance: Age Group 11-17, Ballet, Lyrical, Hip Hop, Theatrical, 1pm-6pm**

**Baseball: Age Groups 7-11 and 12-17, Skills and Conditioning, 8am-1pm (field)**

**Baseball: Age Groups 7-11 and 12-17, Skills and Conditioning, 8am-1pm (indoor)**

**Soccer: Age Group 7-12, Skills and Conditioning, 1pm-6pm (indoor)**

**Cheer Tech & Tumbling for Cheer: Age Group 8-15, 1pm-6pm (indoor)**

### Call For Registration Information:

Individual Sports Solutions/  
Natural Corrections  
4263 Simonton Rd.  
Farmers Branch, TX 75244

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Fax: 214-342-0406  
E-mail: [iss\\_@live.com](mailto:iss_@live.com)

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Generation Of Leaders!!*