

BISHOP LYNCH ATHLETIC SUMMER CAMPS
JUNE – JULY 2009

Please check the camp(s) for which you are registering:

- Friar Aquatics Camp (Grades: 5-12) \$90
- Friar Baseball Camp (Grades: 2-9) \$90
- BL Brigade/Cheer Camp (Grades: K-8) \$90
- Friar Basketball-July Camp (Grades: 3-6) \$90
- Friar Basketball-July Camp (Grades: 7-9) \$90
- Friar Basketball-July Camp (Grades: 10-12) \$90
- Lady Friar Basketball-June Camp (Grades: 3-6) \$90
- Lady Friar Basketball-June Camp (Grades: 7-9) \$90
- Lady Friar Basketball-July Camp (Grades: 10-12) \$90
- Friar Football-June Camp (Grades: 1-5) \$90
- Friar Football-June Camp (Grades: 6-9) \$90
- Friar Hockey Camp TBD
- Friar Soccer-July Camp (Ages: 8-11) \$90
- Friar Soccer-July Camp (Ages: 12-13) \$90
- Lady Friars Softball Camp (Grades: 3-12) \$90
- Speed Development Camp (Grades: 7-12) \$90
- Strength & Conditioning (weekly) \$50
 - Beginner
 - Advanced
- Strength & Conditioning (full summer) \$180
 - Beginner
 - Advanced
- Friar Tennis-July Camp (Grades: 5-12) \$90
- Lady Friar Volleyball-June Camp (Grades: 4-6) \$90
- Lady Friar Volleyball-June Camp (Grades: 7-8) \$90
- Lady Friar Volleyball-July Camp (Grades: 7-8) \$90
- Lady Friar Volleyball-July Camp (Grades: 9-12) \$90
- Friar Wrestling Camp (Grades: K-8) \$90
- Friar Wrestling Camp (Grades: 9-12) \$90
- Crew/Rowing Camps—register via coach listed as contact

Method of payment (please circle one):

Check # _____ Cash BL Staff Certificate Credit Card

Credit Card Payments:

Card #: _____

Exp. Date: _____ Amt: _____

Signature: _____

Complete both sides of this form & return it with your payment to:

BISHOP LYNCH HIGH SCHOOL

Attn: Athletics
 9750 Ferguson Road
 Dallas, TX 75228

VOLLEYBALL ALL-SKILLS CAMP \$90

Coach Tricia Roos
 tricia.roos@bishoplynch.org / ext. 127

June 8-11	Grades 4-6	9 AM – 12 PM
June 8-11	Grades 7-8	1 PM – 4 PM
July 6-9	Grades 7-8	1 PM – 4 PM
July 6-9	Grades 9-12	5 PM – 8 PM

FRIAR WRESTLING CAMP \$90

Coach Tim Matthews
 dfdjughead@aol.com / ext. 344 or 214-394-2812

June 15-19	Grades K-8	8 AM – 12 PM
June 15-19	Grades 9-12	1 PM – 5 PM

CREW/ROWING CAMPS

HPCrew Novice Rowing Camps - \$150 first week and \$50 each additional week (per rower)

Held the weeks of June 22, June 29 and July 6
 Monday – Friday 3:30 PM – 5:30 PM
 Contact: pam.adams@thomsonreuters.com

White Rock Boathouse Learn-to-Row Skills Camp - \$100
 US Rowing Certified Coaching Staff

June 22-26 Men's Camp 9 AM - 11:30 AM
 June 29-July 3 Women's Camp 9 AM - 11:30 AM
 Contact: ash.ryan.white@gmail.com

Coach profiles, team information and camp details are available online at www.bishoplynch.org.

BISHOP LYNCH HIGH SCHOOL
 9750 Ferguson Road
 Dallas, TX 75228
 214-324-3607

Athletic Director: Andy Zihlman
Assistant Athletic Director: Bill Persinger
Assistant Athletic Director: Ben Dasch

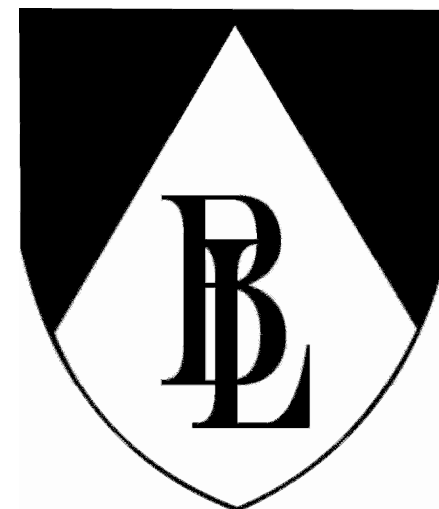
REGISTRATION INSTRUCTIONS

- Please include a separate check for each camp
- A \$25 fee will be charged for all returned checks
- Please register at least one week prior to camp
- If you have an Auction or Staff certificate, it must be included with your registration form

**BISHOP LYNCH
 HIGH SCHOOL**



**2009 ATHLETIC
 SUMMER CAMPS**



www.bishoplynch.org

FRIAR AQUATICS CAMP* \$90

Coach Michael Meagher
 michael.meagher@bishopolynch.org / ext. 323

Boys and Girls
 July 28-Aug 1 Grades 5-12 8 AM – 10 AM
 *Knights of Columbus Swimming Pool

FRIAR BASEBALL CAMP \$90

Coach Paul Ahearne
 paul.ahearne@bishopolynch.org / ext. 124

June 15-18 Grades 2-9 9 AM – 12 PM

BL BRIGADE/CHEER CAMP \$90*

Coach Cari Schnurr - Brigade
 cari.schnurr@bishopolynch.org / ext. 110

Coach Jennifer Allen - Cheerleading
 jennifer.allen@bishopolynch.org / ext. 305

June 15-18 Grades K-8 1 PM – 5 PM
 *Discounts offered for repeat campers and entire teams that register

FRIAR BASKETBALL CAMP \$90

Coach Barry Knott
 barry.knott@bishopolynch.org / ext. 115

July 6-9 Grades 7-9 9 AM – 12 PM
 July 20-23 Grades 3-6 9 AM – 12 PM
 July 20-23 Grades 10-12 1:30 PM – 4:30 PM

LADY FRIARS CHAMPIONSHIP BASKETBALL CAMP \$90

Coach Andy Zihlman
 andy.zihlman@bishopolynch.org / ext. 109

June 22-25 Grades 3-6 8 AM – 12 PM
 June 22-25 Grades 7-9 1 PM – 5 PM
 July 13-16 Grades 10-12 8 AM – 12 PM

FRIAR FOOTBALL CAMP \$90

Coach Bill Persinger
 bill.persinger@bishopolynch.org / ext. 284

June 8-11 Grades 1-5 9 AM – 12 PM
 June 8-11 Grades 6-9 1 PM – 4 PM

FRIAR HOCKEY CAMP TBD

Contact Lee Kendall for information on this camp
 PH: 214-826-8197

FRIAR SOCCER CAMP \$90

Coach Mark Melancon & Coach Jennifer Sims
 mark.melancon@bishopolynch.org / ext. 348
 jennifer.sims@bishopolynch.org / ext. 334

Boys and Girls
 July 27-30 Ages 8-11 9 AM – 12 PM
 July 27-30 Ages 12-13 1 PM – 4 PM

LADY FRIARS SOFTBALL CAMP \$90

Coach Mitzi Cook
 mitzi.cook@bishopolynch.org / ext. 302

June 15-18 Grades 3-12 9 AM – 12 PM

SPEED DEVELOPMENT CAMP \$90

Coach Billy Clark
 billy.clark@bishopolynch.org / ext. 123

Boys and Girls
 June 29-July 2 Grades 7-12 7 AM – 10 AM

STRENGTH & CONDITIONING CAMP (5 WEEKS)

Coach Ben Dasch
 ben.dasch@bishopolynch.org / ext. 146

Boys and Girls – Grades 9-12
 June 15-July 16 Beginners* 10:30 AM – 12:30 PM
 June 15-July 16 Advanced** 2 PM – 4 PM**

*8th grade students only with approval from Coach Dasch
 **This session requires pre-approval from Coach Dasch

\$180 for the full summer – Monday - Thursday
 \$50 per week (pay as you go) – Monday - Thursday

FRIAR TENNIS CAMP* \$90

Coach Judy Porter
 judy.porter@bishopolynch.org / 972-880-5571

Boys and Girls
 July 20-23 Grades 5-12 9 AM – 12 PM
 *The Village Tennis Courts

BISHOP LYNCH SUMMER ATHLETIC CAMPS REGISTRATION FORM

Please complete front and back and include w/payment

Name: _____

Address: _____

City, State, Zip: _____

Phone #: _____

E-mail address: _____

School: _____ Grade (2009-2010): _____

PLEASE CIRCLE YOUR T-SHIRT SIZE:

Youth: S M LG XL

Adult: S M LG XL

MEDICAL INFORMATION

All Bishop Lynch Summer Camps strongly recommend a pre-camp physical for every participant, especially for those who are not yet required to have a yearly physical for athletic participation by their schools. This alerts the camp staff of any particular medical problems and could prove to be a valuable asset should the need for medical attention arise.

MEDICAL QUESTIONNAIRE:

Allergies _____

Hay Fever _____ Hernia _____ Asthma or lung problem _____

Sensitivity to drugs or medication _____ Names of medication: _____

Eye problems _____ Ear Trouble _____ Heart trouble _____

Chronic Skin problems _____ Kidney/urinary problem _____

Medications taken regularly: _____

Broken bones _____ When: _____

Previous medical problems: _____

Serious injuries: _____

If, in the judgment of any representative of any Bishop Lynch Athletic Summer Camp, this participant should need immediate medical care and treatment as result of injury or sickness, I do hereby request, authorize and consent to such care and treatment as may be given said participant by any physician, trainer or camp representative, and do indemnify and save harmless Bishop Lynch High School and Bishop Lynch Athletic Summer Camp representatives from any claim by any person whomsoever on account of such care and treatment of said participant. It is also understood that all medical expenses incurred will be the responsibility of the undersigned and not the Bishop Lynch Athletic Summer Camp.

Signature of Parent/Guardian _____ Date _____

EMERGENCY CONTACT

Name _____ Phone _____