

Dallas Parochial League

Swim Meet Rules & Regulations – 2008-2009

*United States Swimming guidelines for strokes and turns will be used as the basis for any potential disqualifications. All DPL rules supersede.

Schedule: Meet # 1: October 15, 2008

Location: Alfred J. Loos Natatorium (8 lanes with elevated seating for spectators).
3900 Spring Valley Road.....between Midway and Marsh.

Prayer: All participants & spectators will be asked to observe the National Anthem and pre-meet prayer.

Eligibility: A swimmer must be enrolled as a full-time student at a **DPL member school**. All swimmers must be enrolled in the 5th, 6th, 7th, or 8th grades. One or more swimmers will constitute a team for any given school.

Divisions: Events will be divided by Junior Varsity (5th / 6th) and Varsity (7th / 8th). Swimmers in the 5th & 6th grades may swim varsity events, but may not exceed the maximum total number of events allowable per swimmer.

Uniforms: Swimmers do not have to dress uniformly, but should wear proper swim attire.

Time: 5:30 pm Warm-up
6:00 pm Coaches Meeting
6:15 pm Meet begins

Events: *Swimmers may swim in a maximum of four (4) events, of which no more than three (3) may be individual events.
*Teams may enter no more than three swimmers per event and no more than two relays per event. Teams entering two relays in a given event should designate them as “A” and “B”. Only the “A” relay will count for scoring

Scoring: Individual Events will score for the first 8 places as follows: 9-7-6-5-4-3-2-1
Relays will score double: 18-14-12-10-8-6-4-2

Coaches: Due to limited space, each school will be limited to a maximum of two (2) coaches on the deck.

Heating: **The fastest swimmers from the last DPL meet will be given preference into the faster heats for this meet.** Coaches may use the times from last years’ DPL meets if they need approximations for seed times. This can be obtained from the DPL website at www.dallasparochialleague.com.

If a coach does not have times for a swimmer for a particular event, please use a lettering system as follows to help insure better heating of swimmers.

A=Year Round Swimmer B=Seasonal Swimmer (Summer Only) C=Novice Swimmer

Rosters: Each team must submit a roster via fax to the DPL office no later than 5 days prior to the meet. All rosters will be considered complete when they have the following:

1. School Name
2. Swimmer’s Name, Grade Level, School Attended
3. Principal’s Signature
4. A.D.’s Signature

Copies of each team’s roster will be kept on file at the league office.