## Dallas Parochial League Swim Meet Rules & Regulations 2023

\*US Swimming guidelines for strokes and turns will be used as the basis for potential disqualifications. All DPL rules supersede. DPL meets are not sanctioned meets.

**Schedule**: Tuesday, December 12, 2023

**Location**: Jesuit Natatorium, 12345 Inwood Rd, Dallas 75244

**Eligibility**: A swimmer must be enrolled as a full-time student at a **DPL member school**. All swimmers must

be enrolled in the 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, or 8<sup>th</sup> grades. One or more swimmers will constitute a team for any

given school; therefore, schools are not allowed to combine to form teams.

Schools must have at least 10 swimmers per team (boys & girls combined) to divide into separate

teams.

**Divisions**: Events will be divided by JV ( $5^{th}/6^{th}$ ) and Varsity ( $7^{th}/8^{th}$ ). Swimmers in the  $5^{th}$  &  $6^{th}$  grades may

swim varsity events but not both JV and varsity in the same meet. Exception: a JV swimmer may

move up to swim in a varsity relay. The added event will count towards their max number of

allowed events.

**Uniforms:** Swimmers do not have to dress uniformly, but should wear proper swim attire. "Club" caps are

not permitted - only school logos allowed.

**Time**: 5pm Warm-up (meet pool only)

5:15pm Coaches Meeting 5:30pm Meet begins

**Events**: Swimmers may swim in a maximum of four (4) events, of which no more than three (3) may be

individual events. Teams may enter no more than three swimmers per event and no more than two

relays per event. Swimmers are NOT permitted to swim more than 1 leg of a relay.

Teams entering two relays in a given event should designate them as "A" and "B". Only the "A"

relay will count for scoring.

Scoring: Individual Events will score for the first 6 places as follows: 10-8-6-4-2-1 and

Relays will score double: 20-16-12-8-4-2.

**Coaches:** Due to limited space, each school will be limited to a maximum of two (2) coaches on the deck.

**Timers:** Each school will be responsible for providing a sufficient number of timers during the meet.

Those numbers will be determined once the final athlete count is in.

**Heating:** Please use a lettering system as follows to help insure better heating of swimmers.

A=Year-Round Swimmer B=Seasonal Swimmer (Summer Only) C=Novice Swimmer

Entries: Entries are due no later than 12 pm on Monday, December 11. All entries must be submitted using

the Hy-tek software. Late entries or changes will not be excepted.