

Dallas Parochial League

Basketball Rules

2023

The DPL follows NFHS rules unless stated otherwise in the rules listed below.

Game Clock / Scorebook: It is the responsibility of the host school to have a competent and *trained* game clock operator & scoreboard keeper. This individual must be familiar with the game clock guidelines for all grade levels & divisions. These individual(s) are to remain professional and objective in appearance and demeanor. There is a \$20.00 per game allowance paid monthly by the DPL for this service.

Basketballs: The host gymnasium should provide the game ball for all DPL games. The official game ball is either the Wilson Evolution or Baden basketball. The 6th, 7th, 8th grade and VD3 boys' divisions use a full-size men's basketball. The 5th grade boys, as well as all girls' divisions, will use a 28.5-inch basketball. The host gymnasium is to provide warm-up balls for both teams and official game ball.

Warm-Ups: All teams are to receive 2-5 minutes for pre-game warm-ups *if time permits*. Warm-up time should be dictated by the official game time. Again, the host gyms are to provide warm-up balls.

5th Grade / 6th Grade / Varsity D3: 4 x 10 minute quarters- continuous clock - 3 minute half-time. The game clock will stop on all dead balls in **the last 60 seconds of the game if the point spread is 10 points or less**. Should the game reach an 11-point or greater spread during the final minute, the clock shall run continuously for the remainder of the game.

7th Grade / 8th Grade D1 / D2: 4 x 6 minute quarters- regulation clock- 3 minute half-time.

Overtime: All games ending in a tie will have three-minute overtime(s) until a winner is determined, regardless of age group. Only the last 60 seconds of each OT period will be regulation clock for 5th / 6th grades and VD3. The first two minutes of each OT period will be running clock for this age group. 7th / 8th Grade leagues will play regulation clock throughout all OT periods. Overtime periods will be played for the full 3 minutes – it is not sudden death.

Playing Time: The DPL mandates that all 5th, 6th, & Division III players receive at least 10 minutes of playing time per game. The clock will be stopped by the scorekeeper or the officials at an appropriate time. **This stoppage shall be no earlier than the 5:15 mark of each quarter**. This will be the only time that a coach in these divisions can substitute players, except for injury or disqualification. Once a team has met its' minimum play requirements for **all players**, it may substitute at any time. Once both teams have met their minimum play requirements, the automatic stoppage at mid-quarter will be eliminated.

If a player arrives after the 4th quarter has started, they are not allowed to participate. Since all players must play for a minimum of 10 minutes, a player arriving at this time would not be able to get their full 10 minutes in.

The DPL recommends that 7th & 8th Grade Division I & II players average a minimum of 6 minutes per game over the course of a season.

Coaches have the right at any age level to completely “bench” a player due to violations of that school's policy. This should be cleared in advance with the A.D. at your school. If approved, the scorekeeper and opposing coach should be notified prior to the game. **The “benched” player should be attired in street clothes to avoid confusion.**

Time-Outs: All teams (all divisions) will have two (2) time-outs per half which cannot be carried over, either into the second half or overtime. All teams will have one time-out for each overtime period. Time-outs do not carry over from one OT period to another. The clock stops on all time-outs regardless of age group. For running clock games, after a time, the clock does not start again until the ball has been inbounded, free throws made/missed, etc... the clock would start as it would in a regulation clock game. Time-outs are 1 minute. Scorekeepers should signal the team with a buzzer when **15 seconds remain in the timeout**. All teams are expected to return to the floor in a timely manner to avoid the ball being put in play prior to their return.

Uniforms: All players must have matching jerseys and shorts. Athletic shoes must be worn. No jewelry of any kind may be worn during games (earrings are to be removed - may not be "taped over"). Jerseys should be numbered 1-5, 10-15, 20-25, etc... and must have numbers on the front and back of the jerseys.

Home teams are required to wear dark jerseys and visiting teams white/light jerseys. Teams not wearing the correct color of jersey will be required to wear contrasting colored pinnies. All schools must have an adequate supply of "pinnies" on hand for instances when both teams have similar jersey colors. If both teams are in the same color of jersey, then the offending team will be required to wear the pinnies.

T-shirts may be worn under the game jersey but must be the same color as the predominate color of the jersey - i.e.... red jersey with blue and white stripes must have a red t-shirt. If the t-shirt is sleeveless and not visible from under the jersey, it can be any color.

Rulebook: The NFHS Association rulebook will be used unless specified otherwise in the DPL rules.

Reporting Scores: It is the responsibility of the host gym to report **all weekend scores** of games that take place in their gym by 9:00am Monday. Scores are to be sent to tmosmeyer@cathdal.org.

Roster Submission: Each team must submit an official roster to the scorekeeper prior to the game. An official roster is one that has been printed from the Doodlio software or 1 that has been completed on the old roster form. Rosters pulled on a phone are not considered official rosters and are not permitted. The penalty is a technical foul assessed to the offending team. The non-offending team receives two (2) free throws and possession to begin the game. The free throws will not be timed, and the clock shall not be started until the inbound play in these cases. **No exceptions.**

Coaches may adjust jersey numbers in writing **prior to the game** to insure correct numbering should their roster be incorrect. Once the game begins, improper numbers are assessed a technical foul once cited.

Should both teams fail to present an official roster, the game will begin 0-0 with no penalty assessed.

Press Rules: 7D1, 7D2, 8D1 or 8D2 teams which have a lead of 20 points or more may not employ a "full court press". The defense must drop back into a zone defense at their 3-point line only until the ball has crossed midcourt.

6D1 or 6D2 teams which have a lead of 10 points or more may not employ a "full court press". The defense must drop back into a zone defense at their 3-point line only until the ball has crossed midcourt.

NO PRESSING allowed at any time in the 5th grade and VD3 division. Defense is to pull back in a "zone defense" at their 3-pt line only until the ball has crossed midcourt.

Violation of these rules will result in a warning to the violating team's head coach and a sideline possession to the other team. A second violation will result in a technical foul assessed to the head coach. **The clock operator has the authority to stop play to report this infraction.**

Technical/Intentional Fouls: These fouls will result in two free throws AND possession to the non-offending team. Depending on the severity of the intentional foul, it could result in the ejection of the player.

Bench Decorum: *Each team may have a maximum of three (3) coaches on the bench with the team. One of these is to be designated the head coach.* Only the head coach may be standing or kneeling during the game. Assistant coaches must remain seated except during time-outs. Only the designated head coach may approach the scorer's table or speak to the officials.