

Dallas Parochial League

Coed Soccer Rules

2025

NEW FOR FALL 2025:

No more Overtime for Playoffs. Games will be decided by going directly to Penalty Kicks.

Teams must be comprised of students that are currently enrolled at a DPL member school and are in the 7th and/or 8th grade.

Once schedules are finalized, players are permitted to be listed on one team's roster and only one roster for the duration of the entire season.

All games are 11 versus 11 players. Gender split at all times is 5 girls and 5 boys with the goalie being either. If a team does not have sufficient players for the 5-5-1 split, they play a player short until additional players arrive. A team must have at least 7 players to start a game. Fewer than 7 players will result in a forfeit.

Games will consist of two (2) 30 minute halves with a 10 minute halftime. If the game is tied after regulation (or pool play) then it will just end in a tie. For the play-offs, if the game is tied after regulation, teams will go to a shoot-out/PK to break the tie.

Game time is forfeit time.

Games will be played under the NFHS (high school) rules with DPL rules superseding.

Coaches MUST present an official DPL player roster to the head official before each game so that line-ups can be checked. Roster must contain photos of all coaches who will be on the sideline. Game will start with a PK if no roster is presented.

Uniforms - All players must be dressed in matching numbered (front and back) uniforms. Exception: Goalie must be dressed differently & easily distinguishable as the goalie. Home team will wear dark - visitors in light. Offending team will wear pinnies.

Uniforms are to be consistent with school guild lines and should display only School logos or athletic brand name logos (i.e. Nike or Adidas). This is also the case with accessories such as sleeves and socks.

Shin guards are mandatory and must be covered completely by the players' socks.

No baseball/softball rubber or metals cleats are allowed. Only soccer cleats (or regular tennis shoes) may be worn.

Jewelry of any kind is not permitted to be worn during games.

All coaches and assistants must be in compliance with the safe environment program at their school, as well as having completed the Play Like a Champion coaches' workshop.

FORFEITS: Any team that forfeits 25% or more of their scheduled games will not be eligible for postseason play. A forfeit must occur if teams do not have at least 7 players by the scheduled start of the game.

BENCH/FAN DECORUM: Please refer to DPL Handbook regarding consequences for infractions.

Recording of any DPL game by a 3rd party (person not associated with the teams playing) is prohibited

POSTSEASON TIEBREAKERS:

Postseason status is determined only by in-conference record. In the event of a tie:

1. Head-to-head competition
- 2. Point differential with a 5 goal cap.**
3. Coin Flip