

BISHOP LYNCH VOLLEYBALL CAMPS 2009

Where champions are born....



TAPPS 2008 State Champions

Pictured above: Coaches: (L-R) – Josh Kreuter, Grant Baldwin, Phi Doan, Tricia Roos, Kristin Mannari

Varsity Players & Managers: Meaghan Mannari (St. Mark), Alie Romero (St. Patrick), Roslyn Carver (St. Mark), Michelle Carson (public), Katie Plunk (St. Pius), Lauren Lukas (St. Elizabeth), Mary Delph (St. John's), Lauren Nevitt (St. Patrick), Jessica Jiles (St. Paul), Jessica Buckman (public), Alex Terzo (St. Mark), Sara Lewis (St. Paul), Becky Wallander (St. Patrick), Sierra Welch (St. Patrick), Tess O'Leary (St. Thomas), Samantha Horvath (public), Monica Litle (St. Paul)

Summer is almost here! We would love for your athletes to join us at a BL volleyball camp!

June Camps

The main focus of our June camps is basic technique and skill training with an emphasis on TEAMWORK. This is a great camp to send your entire team. For the majority of the camp, the girls will work together with their teammates and will have the opportunity to compete together in a tournament at the end of the week. The girls will have the opportunity to work closely with the BL volleyball coaching staff as well as previous and current BL volleyball players. DPL coaches are welcome to join on the last day of camp!

June 8-11

9-12 p.m. (4-6 grade camp)

1-4 p.m. (7-8 grade camp)

July Camps

The main focus of our July camps is specific position training as well as basic technique training. The first half of the week consists of circuit training where the girls perfect their passing, serving, setting, hitting, and blocking techniques. The second half of the camp will be more position specific. The girls will have the opportunity to work one-on-one with coaches to help define the best position for them for the upcoming volleyball school or club season.

July 6-9

1-4 p.m. (7-8 grade camp)

5-8 p.m. (9-12 grade camp)

**Brochures located on the DPL Home page as well as the Bishop Lynch Athletics Home page
Contact head coach Tricia Roos with any questions. Tricia.Roos@bishoplynch.org